

# Quo Vadimus Where are we going?

The Bulletin of the Rotary of Macarthur Sunrise, District 9675
Wednesday 17<sup>th</sup> June 2020
Solis Ortus (Sunrise) Campbelltown 7:01am



# From the President

Good morning Sunrisers and welcome to week 50 of the Rotary year. This will be my last president's message for Quo Vadimus and it's hard to believe that the year is quickly coming to a close as we look forward to welcoming PE Barbara to take the reins.

Last week I completely misread my clock and thought I was logging on at 6.40, wondering why there were so many early starters. Whoops! It was 7.40 am and I'd missed most of the meeting! Sorry I missed your presentation Wayne, I believe it was very interesting.

This week we have a" letter from the States" featuring Phillipa with an update on life in Gilroy, California. I'm sure many of us will have questions for her and it will be great to hear from her.

Two Paul Harris quotes that are around 100 years old but still very relevant to today's events...

"If there is anything worse than international warfare, it's civil warfare, and the United States was destined to experience it in the extreme of bitterness " "Ignorance is a menace to peace"

Stay safe and have fun

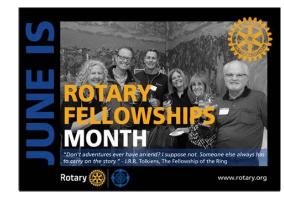


President Liz

# ROTARY FELLOWSHIPS

Rotary Fellowships are international groups that share a common passion. Being part of a fellowship is a fun way to make friends around the world, join a global community built around a hobby or profession, and enhance your Rotary experience.

There are currently 91 fellowships to unite members in friendship and expand opportunities to enjoy their favourite recreational activities, sports, and professions. These groups range from cycling to skiing, Latin culture to jazz, doctors to photographers, and even wine-tasting to beer.



# Why join a Rotary Fellowship?

- 1. To connect with like-minded Rotary members and make friends around the world
- 2. To implement service projects
- 3. Recruit your non-member friends to Rotary
- 4. Develop leadership skills

Some Rotary Fellowships to look into 4x4 vehicles, Amateur Radio, Antique Automobiles, Bathhouse, Beer, Bird Watching, Bowling, Canoeing, Caravanning Chess, Computer Users, Convention Goers Corporate Social Responsibility, Cricket, Cruising, Cultural Heritage, Curling, Cycling, Doctors, Doll Lovers, Draughts (Checkers) E-Clubs, Editors and Publishers, Educators, Environment, Esperanto, Ethics, European Philosophy, Executive Managers, Fishing Flying, Genealogists, Golf, Gourmet Cooking, Hiking, Home Exchange, to name a few, for the complete list follow the link. www.rotary.org/en/our-programs/morefellowships



Get yours today before the Campaign End

# **ROTARY HEALTH**



Preventing Body Dissatisfaction & Eating Disorders By Teaching Them Young

20% of Pregnant Australian Women Don't Receive the Recommended Mental Health Screening

Recent Research Findings Summarised

Podcast Episodes 6 & 7 Out Now

Ageing Wisely Program

These are all subjects covered in the latest Rotary Health Newsletter <u>click</u> <u>here</u> to read the articles.

# May Rotarians continue to be ambassadors of goodwill to high and low, rich and poor, to all races, to the devotees of all religious faiths and to members of all political parties, purveyors of tolerance, forbearance, justice, kindliness, neighborliness, and friendliness to the inhabitants of this snug little world, the best little world of which we know." Paul Harris: The Rotarian Age

# BIRTHDAYS & ANNIVERSARIES

Malcolm	Birthday	5 <sup>th</sup>
Nearn	_	June
Kay	Joined	7 <sup>th</sup>
Sidman		June
Ron Kydd	Re-joined	22 <sup>nd</sup>
	2011 (Charter	June
	Member)	
Di Blyth	Joined	26 <sup>th</sup>
		June

2019/2020 BOARD

President: Liz Stonestreet
Secretary: Denise Pritchard
Treasurer: Di Blyth
IPP: Bec Purcell
President Elect: Barbara Edwards
Director: Malcolm Nearn

DG: Di North
AG: John Pillay
International Pres: Mark Daniel Maloney

# CALENDAR 2020

### **MAY**

All meetings until further notice are via the Zoom program at 6:50am for 7am start every Wednesday morning.

JUNE		
Wed 17 <sup>th</sup>	Zoom Meeting	
Wed 24 <sup>th</sup>	Macarthur Sunrise	
	Change over Via ZOOM	
Sat 20 <sup>th</sup>	World Refugee Day –	
	Shelter Box Camp out	
Sun 28 <sup>th</sup>	District Change Over 2pm	
	start. Virtual ceremony	
JULY		
Friday 10th	Centenary of Rotary in	
	Australia Baton Launch	

Rotary online meeting list <a href="https://bit.ly/OnlineRotaryMeetingsDatabase">https://bit.ly/OnlineRotaryMeetingsDatabase</a>

Please check the Green Book for more details, tick to say if you are coming or not and if you are bringing anyone with you.

Information to be included in the newsletter must be received by 5pm on the 2<sup>nd</sup> & 4<sup>th</sup> Monday of the month before the meeting. Please send to sharonc3012@icloud.com



Macarthur Sunrise Rotary PO Box 1181 Campbelltown NSW 2560

Email: <a href="macarthursunrise@gmail.com">macarthursunrise@gmail.com</a>
Web: macarthursunriserotary.org

# MESSAGE FROM THE SECRETARY OF DISTRICT 9675

Good afternoon to each Rotarian in District 9675

On behalf of our Leadership Team for 2020-2021, I am personally inviting you to register using the guest access link below to log on to view the launch of the online program for Opportunities 2020 (formerly District Assembly).

https://mylearning.rotarydistrict9675.or g.au log on and view Opportunities 2020.

This program has been designed to:

- introduce you to the new District Leadership Team;
- support you to learn more about District projects new and old;
- gain a better understanding of the important roles of the Board in the management of your club and
- offer you ongoing support and guidance with the District Leadership Team.

Following the launch there will also be the availability for you to book a Zoom session with members of the District Leadership Team to discuss in detail any questions you may have or to gain a deeper understanding of their areas of expertise and how they may support you. You will be able to do this through the online program.

The entire launch has been recorded and is available on this MyLearning link above, for you to access at any time.

**Best Regards** 

Warwick Richardson. District Governor 2020/2021 M:0418978555 E. wardenmobile@gmail.com

'The future is not some place we are going, but one we are creating.

Warden Mobile Repairs & Maintenance 335 Steveys Forest Road, Oakdale. NSW. 2570 Ph. +61 246596064 M 0418 978 555

## **ALSO**

**SAVE THE DATE** for the 10th July 2020 for the Centenary of Rotary Australia Virtual Launch

Please read the following, note and claim the date for this very special event in this coming Rotary Year.

Rotary's Centenary is a time of celebration! It is a time to reflect on our past, and take pride in all that has been achieved. It is a time we play our part in the history of Rotary. Our centenary is also the time to lay the foundations for our future, as we still have much to do.

The key project in our centenary year will focus on stopping the one in 16 children who die in 9 Pacific nations before the age of five.

We invite you to join Rotarians across Australia on 10th July for virtual fellowship, as well as meet our R100 Centenary Ambassadors, the Governor General and Mrs Hurley, as they launch our national centenary campaign. By joining us, you will witness the "Passing the Baton" ceremony. The baton that will carry the symbols of our centenary and will travel far and wide across Rotary clubs and Districts.

Please pass this invitation on to as many Rotary clubs as possible so that they too can join this event. We ask too for your support in helping us raise funds for our R100 Centenary project, "Rotary Give Every Child a Future"; saving young lives in Pacific nations.

Please expect registration details on how you can join within the next week. We look forward to you joining in and making your mark on history!

Kind regards,

Garry Browne and Hugh Bucknall Chair - National Centenary of Rotary Committee Founder - Centenary of Rotary Campaign

Contact: Angela Stavro of the South Pacific & Philippines Office on behalf of National Centenary of Rotary. Angela.stavro@rotary.org



Dear All at Rotary Club of Macarthur Sunrise,

We have the best staff in the world! A bold statement but I believe it's true – there are no teachers more passionate, cooks more diligent, cleaners more thorough, gardeners more devoted, guards more focused, drivers more attentive and an admin team more industrious than those I'm privileged to work alongside.

And, a truly heart-warming fact is that each salary we pay to one staff member, on average, supports five people – that's 1,500 more people in the community seeing a difference in their lives because of you! Children can go to school; medical bills can be paid; a better diet can be enjoyed and electricity can be turned on at home. These are just some of the stories my staff have told me.

# Support our Staff Salaries & Resources

But there is even more heart-warming news – two extremely generous supporters have offered up to AU\$500,000 between them as a matching donation to help us raise the stakes during our annual appeal. If we can raise the same amount in donations and new sponsorships, your impact will be doubled. You can make twice the difference to St Jude's staff – so, **help us meet our match!** 

Because of you, St Jude's has nearly 300 local staff – over 50 have been working here for more than 10 years – sharing your dedication to the school's mission. Also, I have truly admired their devotion to the school during this pandemic. Now I'll let them proudly share their personal stories...

Dear Liz,

President Stephen Humphreys and President-Elect Chantelle Kechebashian would like to invite you to attend our Annual Changeover which, due to Covid-19 restrictions, will be a Zoom meeting.

Date: Thursday 25<sup>th</sup> June 2020

Time: 7p.m.

Login: from 6.45pm (the login link will be sent out early next week).

If you would like to attend please let me know by Sunday 21st June and I will forward the link. You are welcome to share this link with members of your club.

We hope that you are able to join us to help celebrate the year past and look forward to the year ahead.

Kind regards,

Stephen

Stephen Humphreys President Rotary Club of Camden Chantelle

Chantelle Kechebashian President-Elect Rotary Club of Camden









Join us during the 2020 Rotary Virtual Convention, 20-26 June, for activities beyond the general sessions that will get you moving, help you get involved, and connect you with members from around the world.

## You can:

- Stay active with the <u>Rotary Walking Challenge</u>. Track your progress on a leaderboard, enjoy some friendly competition, and have the chance to win great prizes – including two tickets for next year's convention!
- Explore the <u>Virtual House of Friendship</u> to discover Rotary Fellowships, Rotary Action Groups, potential partners, projects, and other valuable resources.
- Join our <u>Featured Breakouts</u> to learn new skills and engage with fellow members.
   These take place daily, 22-26 June, with more breakout sessions throughout July.
- Share how you're participating by posting a selfie or other photos on our <u>event page</u> on Facebook.
- Use our Aloha Rotary GIFs and augmented reality filters to engage with your friends and family on social media. Add a GIF to your Facebook or Instagram stories. Snap a selfie or record a video while virtually wearing sunglasses or face paint. <u>Learn</u> how.

Sign up for our free convention today and encourage friends in your network, club, and community to join you. Don't miss out!

SIGN UP