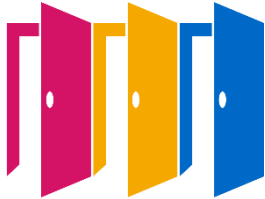


Quo Vadimus

Where are we going?

The Bulletin of the Rotary of Macarthur Sunrise, District 9675
Wednesday 7th October 2020

Solis Ortus (Sunrise) Campbelltown 6:25am



Rotary Opens Opportunities

From the President

Good Morning "Funrisers"

I hope you enjoyed the wonderful long weekend and are ready for the 'run up' to Christmas! I have to confess that I almost forgot to write this message, however, remembered in the nick of time!

At last, it looks like we are getting out and about and starting to do what we do best, supporting our community and raising funds. There are a number of events coming up and I know that, as usual, you will give whatever time you have available to support.

We are leading up to Australian Rotary Health 'Lift the Lid' Day on Saturday 10 October and, this week, our club will be viewing a video on Mental Health. Please remember to wear your best/worst hat as we continue to support this very important subject. Saturday we will set up in Koshigaya Park, from 10.00am – 2.00pm, in support of the 24hr Fight Against Cancer Macarthur. We will endeavour to raise funds for the event and I have tickets for anyone who may require them, however, I **MUST** have the butts and money back by NOON!!! Please wear last year's shirt or another blue shirt as we turn Macarthur blue for the 24hr.

Bunnings BBQs are back on the agenda and Terry is chasing up suitable dates for our participation. I am also hopeful that we will be in a position to support the 'End Polio Now' train ride on Friday 23

October, further information will be provided in the next couple of weeks.

Saturday and Sunday 24 and 25 October will see us back at the Equestrian Centre for set up and pull down, we are hoping that this venue may provide great opportunities for our club in the future.

Our monthly socials are proving to be very successful and I hope that you will be able to join us on 28 October at the TAFE evening. Remember, bookings are essential and cost is \$37 per head (please pay our Treasurer). It is always a great evening where the students work hard to show what they have been learning in their hospitality courses.

Remember, we must continue to be cognizant of the COVID requirements at any of the venues we attend, keep correct distances, enjoy the camaraderie and have fun.

Don't forget, see where **YOU** can **Open Opportunities**. Keep well, stay safe.



President Barbara



ROTARY MONTH OF OCTOBER

Rotary supports investments in people to create measurable and enduring economic improvement in their lives and communities.

The Rotary Foundation enables Rotarians to invest in people by creating sustainable, measurable and long term economic improvements in their communities and livelihoods by:

1. Building the capacity of entrepreneurs, community leaders, local organizations, and community networks to support economic development in impoverished communities;
2. Developing opportunities for productive work;
3. Reducing poverty in under-served communities;
4. Supporting studies for career-minded professionals related to economic and community development.

24 HOUR WALK AGAINST CANCER MACARTHUR - PICNIC IN THE PARK

Join Macarthur Sunrise at Koshigaya Park on Saturday 10th October from 10am to 2pm with a byo picnic and help raise funds for the 24hr Walk Against Cancer, Everyone welcome!



ROTARY INTERNATIONAL

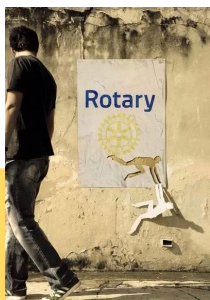


Reconnect Week 5th - 11th

During this celebration, Rotary invites former Rotaractors, Interactors, Rotary Peace Fellows, Rotary Scholars, Youth Exchange students, and other Rotary program alumni to renew their connection to Rotary.

Past program participants who have lost their active connection to Rotary can refresh their ties by visiting club meetings, helping with projects, and engaging online. By doing so, they can experience again how Rotary reshapes lives locally and globally. For more information follow the link:

<https://on.rotary.org/2wkdkoZ>



SOCIAL NIGHT

When: Wednesday 28 October 2020
Dinner 6:00 pm for 6:30 pm

Where: The Restaurant Macarthur
Campbelltown TAFE

Cost \$37.00 pp – 3 Course Dinner Menu, includes 1 complimentary beverage – beer, wine or soft drink

RSVP: Di Blyth

INVITATION



Join District 9820 for an afternoon tea discussion on Diet and Mental Health with Felice Jacka, Professor of Nutritional and Epidemiological Psychiatry. Professor Jacka led an innovative research programme to examine how diet relates to mental health problems. Register for the webinar at:
<https://us02web.zoom.us/j/7-YjXDvES-K6MAuERa5jVg>

OCTOBER BIRTHDAYS & ANNIVERSARIES

| | | |
|---------------------|---------------------|------------------|
| Charlene Carpenter | Birthday | 4 th |
| Denys & Judith Cato | Wedding Anniversary | 10 th |
| Terry Snowden | Birthday | 15 th |
| Rob Michie | Birthday | 20 th |

2020/2021 BOARD

President: Barbara Edwards
Secretary: Cathie Richardson
Treasurer: Di Blyth
IPP: Liz Stonestreet
President Elect: Sharon Cook
Director: Malcolm Nearn
Director: Peter Whitford

DG: Warwick Richardson
AG: John Pillay
International Pres: Holger Knaack

CALENDAR 2020

We are back to meeting at Sugar Mint Café in person, but if need be you can still Zoom into our meetings. Just give us a call for the details.

OCTOBER

| | |
|---|---|
| Wed 7 th | Meeting at Sugar Mint Café & Board Meeting at 8am |
| Sat 10 th | Australian Rotary Health 'Lift the Lid' Day. 24 Hour Walk Against Cancer Picnic, Koshigaya Park 10am to 2pm |
| Wed 14 th | Meeting at Sugar Mint Café |
| Fri 23 rd | End Polio Train Ride |
| Sat 24 th & Sun 25 th | Set up and dismantle Dressage Arena's at Sugarloaf |
| Wed 28 th | Night Social Meeting at 'The Restaurant Macarthur' Campbelltown TAFE |
| Sat 31 st | Last day of the 'very early bird' price (\$195) for the 2021 District 9675 Conference. |

NOVEMBER

| | |
|----------------------|---|
| Wed 4 th | Meeting at Sugar Mint Café & Board Meeting at 8am |
| Wed 11 th | Meeting at Sugar Mint Café |

MARCH 2021

| | |
|--|--|
| Fri 5 th & Sat 6 th | Dress for Success at Wests |
| Fri 19 th to Sun 21 st | District 9675 Conference Sydney Masonic Centre |

Rotary online meeting list
<https://bit.ly/OnlineRotaryMeetingsDatabase>

Please check the Green Book for more details, tick to say if you are coming or not and if you are bringing anyone with you.

Information to be included in the newsletter must be received by 5pm on the 2nd & 4th Monday of the month before the meeting. Please send to sharonc3012@icloud.com

FIND US



Macarthur Sunrise Rotary
PO Box 1181 Campbelltown NSW 2560
Email: macarthursunrise@gmail.com
Web: macarthursunriserotary.org

MESSAGE FROM THE SECRETARY OF DISTRICT 9675

Newsletter 27/9/2020

Janice M Hall

1) The District NYSF

Interviews were completed a few weeks ago, and all successful, and unsuccessful students, and those on the stand-by-list, have been notified, as have been their endorsing Rotary Clubs. The program for 2021 is being modified in view of the COVID-19 health impact - there will not be camps in Canberra or Brisbane, but a hybrid of virtual and local visits is being planned. To keep you up to date on what is happening, attached is the email sent to all NYSF students from the NYSF team in Canberra (See attachment)

Vera Liondas District 9675 NYSF Chair

2) Week two of our Australia Wide Rotary appeal for the **Beirut Hospital Appeal** has reached \$10,000. The RAWCS Beirut committee have selected the refurbishment of the Obstetric Unit and the replacement of damaged equipment at the St Georges Hospital, Beirut as the first stage in the Beirut rebuilding. Another reason we have selected this project is that one of the current Beirut Rotary club's Presidents was killed at that hospital as a direct result of the explosion (shattered glass). As an act of kindness, he was visiting a friend in the hospital at the time, but never made it home. To give you an idea of the what it was like inside the hospital at the time look at this Youtube video [click here](#). It is a graphic portrayal of the catastrophe.

Thanking you

PDG Barry Antees Mobile 0413 880 267 President 2020-2021 Rotary Club of Parramatta City

3) Keith Henning (OAM) is fundraising for **ARH Indigenous Health Scholarships** in the City to Surf on October 18th. A message from Keith:

I am taking part in the City to Surf Virtual Fun Run on Sunday 18th October. This will be my final

fundraising effort in this event – and possibly my last year of participation.

This year, instead of going from the City to Bondi, I will travel 14kms through the streets of Telopea, Oatlands and Carlingford, and on a bush track beside Vineyard Creek, from Kissing Point Rd Telopea to its source. I expect to do this alone. Quite a different experience to past years, when I was one of thousands who went from Sydney to Bondi. I will be supplied a phone app which will track my efforts on the day. It will automatically stop tracking me when I hit 14kms and then submit my result.

I'm inspired by the work of Australian Rotary Health and, as in past years, want to support them by raising money to fund an Indigenous Health Scholarships. An Indigenous Health Scholarship supports a student to undertake training in medicine, nursing, physiotherapy, psychology, dentistry and other health related degrees at university. Please help me help them by giving whatever you can using the 'Give Now' button on the following link

<https://city2surf2020.everydayhero.com/au/keith-henning>

I WILL MATCH THE AMOUNT OF MONEY GIVEN ON THIS PAGE. (up to \$10,000) The more people that know about Australian Rotary Health, the greater their impact, so *please also spread the word by sharing my page with your friends and family*. Thank you in advance for your generosity, it means a lot!

The silver linings on the cloud of COVID are becoming more apparent. As RI President Nominee Jennifer Jones said recently:
Rotarians are renowned for giving hope.

Kindest regards, keep up all that incredible Rotary service and please stay well and keep safe.

Janice M Hall
District Governor Nominee/District Secretary 9675
m:0402401850
E: janicehall@fastmail.com.au

One Day. One Focus: Ending Polio

Is your club celebrating
World Polio Day on
October 24, 2020?



\$20

END POLIO
NOW SHIRT

click
to buy

FABRIC:
100% premium combed
cotton, 185 GSM.

UNISEX SIZES:
S, M, L, XL, 2XL, 3XL, 5XL

This apron screen printed with the
End Polio Now logo is perfect to
wear to fundraising barbecues
and more.

Measurements: 85 cm x 95 cm.
One size fits all. Adjustable straps.

35% Cotton / 65% Polyester

Machine washable.



\$26.50

click
to buy



\$17

END POLIO
NOW HAT

click
to buy

Red cap with white piping
embroidered with the End
Polio Now logo. One size
fits all. 100% cotton.

End Polio Now sticker for
decoration of collection
buckets, club furnishings,
stationery, cars and more. The
sticker has a white background.

Measurements:
160mm x 65mm

The bumper sticker is
waterproof and the ink used
on them is UV resistant.

They will last at least 12 months
depending on the weather
conditions.

END POLIO NOW
BUMPER STICKER

\$2



click
to buy

The Right Start Foundation is a Macarthur organisation committed to raising awareness about Down Syndrome and giving these children the best start in life. With early intervention they can achieve the highest goals and become assets to our communities. The Foundation has partnered with The Shine Shed, Campbelltown, to provide a unique monthly support group for parents and their children to get together to discuss issues and share problems and solutions. In addition, it has partnered with Shining Stars Foundation to run regular creative therapy and life skills sessions at Mt Annan. Right Start continues to also provide direct monetary grants to families in financial hardship who lack government support for their special needs.

Shining Stars Foundation is a charity with DGR status providing a mobile outreach service to help rough sleepers and people less fortunate. Their aim is to make a difference providing blankets, clothing, meals, daily hygiene and daily living needs with a focus on social or public welfare providing connections to multiple services in the Macarthur and Sydney region.

The Rotary Club of Camden

Since 1947 The Rotary Club of Camden has been serving our community raising much needed funds for local charities and community projects. Our motto of "Service Above Self" has ensured that there is not a community group, charity or local resident that has not been touched in some way by Camden Rotary and we are humbled by the support we receive.



Sponsorship Packages:

BRONZE \$ 750

- Golf for 4 players
- Golf Carts, breakfast and luncheon for 4 players
- Drink vouchers x 4
- Signage for 1 Tee
- Reserved table for luncheon

SILVER \$1000

- As above PLUS
- Drink vouchers x 8
- Signage on 1 Tee and 1 Green

GOLD \$1500

- As above PLUS
- Drink vouchers x 12
- Signage on 1 Tee, 1 Green and on chipping green between 9th green and 10th tee
- Special promotion at presentation

Please return your form with cheque payable to:
"Rotary Club of Camden" before 9th October 2020
 or by direct debit to:
 BSB: 062 516 ACCT: 2800 8290
 include surname and golf in reference

PO Box 140
 CAMDEN 2570



Monday 12th October 2020

4 Ball Ambrose

Shotgun Start - 8:15am

Breakfast from

7:15am



Enjoy the magnificent scenery at the Historic Studley Park Golf Course and environs.

Start the day with an egg and bacon roll cooked by Camden Rotary Club members between 7:15am and 8:00am.

- ♦ Play a relaxing 18 holes of golf
- ♦ 4 Ball Ambrose competition
- ♦ Shotgun Start
- ♦ Lunch and prizes

All profits raised from the day will go to:

- **Shining Stars Foundation**
- **Right Start Foundation**
- **Rotary Club of Camden**



Send completed form to: Rotary Club of Camden PO Box 140 Camden 2570 or via email to sjhumphreys14@bigpond.com

Company Name: _____ Contact: _____
 Address: _____ Post Code: _____
 Email: _____
 Phone: (____) _____ Mobile: _____ Fax: (____) _____

| | | |
|-----------------|-------|----------------------|
| Player 1 | | Golf Club |
| Handicap | Email | Contact Phone Number |
| Player 2 | | Golf Club |
| Handicap | Email | Contact Phone Number |
| Player 3 | | Golf Club |
| Handicap | Email | Contact Phone Number |
| Player 4 | | Golf Club |
| Handicap | Email | Contact Phone Number |

Please register me as a

- ☐ **GOLD SPONSOR: \$1,500**
☐ **BRONZE SPONSOR: \$750**
☐ **LUNCH ONLY: \$30**

- ☐ **SILVER SPONSOR: \$1,000**
☐ **INDIVIDUAL PLAYER: \$125**

Cheque/s for \$ _____ enclosed

Confirmation of Registration will be by email or post

DISTRICT 9675 CONFERENCE 2021

Friday 19 March to Sunday 21 March 2021

Sydney Masonic Centre

66 Goulburn St, Sydney, NSW 2000



Call: (02) 9284 2888

Website: <https://www.smcfc.com.au/>

Facebook: <https://www.facebook.com/smcfc.com.au/>

DG Warwick invites you to join him in the centre of Sydney to experience wonderful speakers, to enjoy the fellowship that is Rotary and to open opportunities for your club, your community and the wider world.



Very early bird rate: \$195 – Register and pay before 31 October 2020

Early Bird rate: \$235 – Register and pay before 15 January 2021

Full registration: \$275 – Register and pay after 16 January 2021

Day/event rates are available at <https://rotarydistrict9675.org/>