



Quo Vadimus
Where are we going?



**The Bulletin of the Rotary Club of Macarthur
Sunrise Inc.,
Macarthur Group, District 9675**

Wednesday, 22nd August 2018
Solis Ortus (Sunrise) - Campbelltown 6:27 am

A WORD FROM PRESIDENT BEC

Good morning fabulous Sunrisers! Well what a week

I was a busy girl and enjoyed lots of Rotary moments. The girls visited Sue's Polish Pottery and enjoyed some bubbles and may have purchased a few items.

We had our first Friday BBQ that was successful and fun and not only raised money for our projects but over \$180 for the drought relief. We had a visit from Greg Warren and Warren Morrison. How lucky are we to have these two great men supporting our club and representing this great city?

Presidents meeting Friday night, finding out lots about what's happening in the district. Saturday night, some of our Rotarian's joined me at the OCAGI Circus. What a fine bunch we are. Lots of laughs, fun and possibly some wine.

Sunday was the official Presidents rest day I am recharged and ready for a great week.

Let's make this week count! Take care people!

QUOTE

All things in moderation,
including moderation
-Oscar Wilde

SHOUT OUT

This week it goes to Rick Power and his mate Peter that cooked the BBQ at Bunning's for us on Friday. Not only did they do a top job, but they managed to survive our frivolity and chatter. Thanks boys what great Rotarians you will make!

Take care

Bec Purcell
President
2018-2019



DG Sue Hayward Visit

Last week our District Governor was our guest. She was accompanied by her partner, Mike.

Sue gave us some of her Rotary background and proved to be both passionate and enthusiastic. Something that all Rotarians should be.

Sue addressed the Club with seven main points:

1. Drought
2. Global and District Grants
3. Invictus Games
4. Smelly Dollars
5. Women in Rotary
6. District Conference
7. India

All the subjects were interesting and well covered in the limited time that we, as a Breakfast Club, have.

One of the mentions regarding the drought came as a surprise to many of us. "Many children now at school have never seen rain!" We are supporting the drought smitten regions.

Sue explained that the Invictus Games is an international adaptive multi-sport event, created by Prince Harry, in which wounded, injured or sick armed services personnel and their associated veterans take part in sports including wheelchair basketball, sitting volleyball, and indoor rowing. Tickets are now available for the games which will be held in Sydney from the 20th – 27th of October.

Number 4 was something that had us interested. What are they? Sue told us that they were the funds that we made from BBQs! Something we are now involved in.

Sue wants to increase the percentage of women in Rotary and should be at least 12%. For us this is not a challenge. When we began we had 30 members and 50% were female. Currently we have 19 members and 12 (63%) are female. Of those present 62% of Members were female!

Following Sue, Mike talked to us about Polio Eradication and in particular that a trip is planned for India in the new year.

Vaccination of children in India is something that we have been involved with, with Denys Cato and, now past member, Lyn Hudson both having been involved in India.

Whilst India has been declared to be Polio Free for seven years the worry is that it is still in Afghanistan and people cross the border bringing the disease with them. This means that we can't give up yet.



Sue also through in some good points about getting new members:

"Don't talk about breakfast but about what Rotary does."

"Bring them to a meeting and make sure that they are made welcome and that their support would be very welcome."

It was certainly a very interesting morning.

Sunriser's care for the Environment

Recycle Kitchen Scraps

Bokashi composter

Bokashi composting is an anaerobic process that relies on inoculated bran to ferment kitchen waste, including meat and dairy, into a safe soil builder and nutrient-rich tea for your plants.

In Bokashi composting, kitchen scraps of all kinds — including meat and dairy products banned from aerobic systems — are mixed with some of the inoculated bran, pressed into the Bokashi bucket, covered with another handful of bran, and tightly covered. Bokashi Systems are available at Bunnings and online. Go to <https://www.planetnatural.com/composting-101/indoor-composting/bokashi-composting/> for more information or talk to Bec and Denise.



Liz's Macarthur Matters

Did you know that Mawson Park is the place to be for food lovers on the first and third Friday nights of the month! Yummo people give the cook a rest and head down Friday 7th Sept 5pm .

Mason Park is named after Dr Mawson, brother of Sir Douglas Mawson of Antarctica Fame.

Anniversaries

This week two things to note and applaud.

Last Monday was the Tenth Anniversary of Sergeant Terry joining us. In that time Terry has not only been our Sergeant but has been a Director twice and also President (12-13).

The second to note is that today, the 22nd, is the wedding anniversary of Jan and Anne Drenth. Congratulations to you both.

Coming Up

Please make sure to check out the **GREEN BOOK** so that you know what is happening and where and when you can help. Put a tic in the appropriate box so that we know if you are, or are not, going to be involved.

The next big event will be the BBQ on Friday the 14th of September and the Saturday the 22nd of September is our next Discobility.