



# Quo Vadimus

Where are we going?



**The Bulletin of the Rotary Club of Macarthur Sunrise Inc.,  
Macarthur Group, District 9675**

**Wednesday, 19<sup>th</sup> September 2018**

**Solis Ortus (Sunrise) - Campbelltown 5:50 am**

## A WORD FROM PRESIDENT BEC

Good morning my fabulous band of Sunrisers. Another fun filled week.

A number of our members supported Campbelltown Rotary Club and attended the Miranda Devine Breakfast.

I think the great thing about life is that its natural not to agree with everybody's thoughts on life, politics and social issues, but it's important that we have our individual ideals. It's what makes for a diverse Australia.

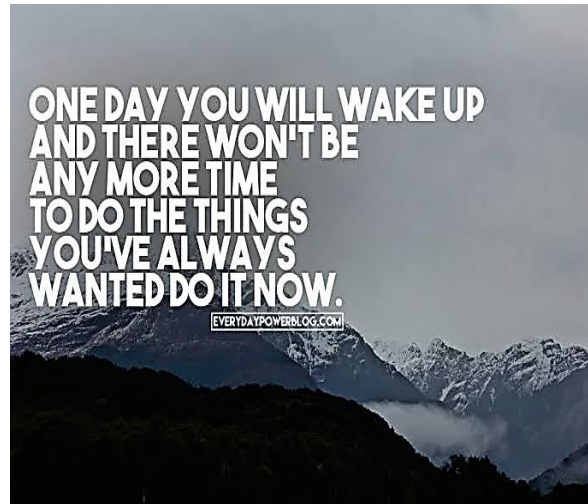
Bunnings BBQ was a great success and I thank all that came to lend a hand. The chatter was great, and Denise was in in full recruitment mode with many questions and conversations had with customers about Rotary. Thank you to Denise for your guidance and knowledge on the recycling front. As usual we had some fabulous friends of our club that helped out; Rick, Peter, Judy and Fabulous Freya; thank you.



I also managed to jump out of a perfectly good plane and skydived with my brother on Saturday. Rotary is teaching me anything is possible.

Have a great week and take little leaps outside what your normal is I promise it will be great.

## WEEKLY QUOTE Be the Inspiration



## BEC'S WEEKLY SHOUTOUT

Always a tough one because we have great people doing great things in our Club and in our community. This week we asked the question "Are you Ok" and my shout out goes to the many people that asked family members, friends, workmates and strangers. Let's keep asking!

## MESSAGE FROM MALCOLM

With Carole's sister and partner, we drove and took the ferry to Kangaroo Island, via Katoomba, Dubbo, Broken Hill, Tanunda and Adelaide. The fields were surprisingly green past Bathurst and even out to Dubbo in places. The Adelaide Hills and Barossa Valley were very lush and green. Nevertheless, we saw many road-trains carrying hay into NSW and Victoria. Still it was an encouraging sign to see the grass growing, but the drought is still severe.

Our stay in the Safari tents at Western Plains Zoo was the highlight. We were given guided tours to places not available to the public, followed by a superb meal. In the morning the giraffes, zebras were just over the fence.



There were fabulous places to see the wildlife on Kangaroo Island, but dinner can be a problem out of season. One night both pubs in Kingscote were booked out at 6pm and we finished buying the last 5 dodgy meat pies from an all-night service station, and supplemented them with potato crisp butties, washed down with our wine from the Barossa!

## ROTARY HUMOUR

Last week the left-over space was used for the inclusion of some Rotary Humour. Comments were received saying that they enjoyed it so, with space to fill, here is some more.

*A man walked into the doctor's.  
He said, 'I've hurt my arm in several places'*

*The doctor said, 'Well don't go there any more'*

## WHAT'S HAPPENING

Below are dates for Events that involve us. For details please check the **GREEN BOOK**

Date		Event
Sat	22 Sep	Discobility
Wed	26 Sep	Evening Meeting Social Night
Wed	3 Oct	Board meeting
Sat	6 Oct	Sugarloaf, Dressage
Sun	7 Oct	<b>Daylight Saving Begins</b>
Sun	7 Oct	Sugarloaf, Dressage
Sat	13 Oct	Dinner Under the Stars
Fri	19 Oct	Bunnings BBQ
Wed	31 Oct	5 <sup>th</sup> Wednesday Evening Meeting
Sat	3 Nov	Fisher's Ghost Festival
Wed	7 Nov	Board Meeting
Sat	10 Nov	Discobility 10 <sup>th</sup> Anniversary
Fri	16 Nov	Bunnings BBQ
Wed	21 Nov	Our AGM
Sat	1 Dec	Sugarloaf, Dressage Carols by Candlelight
Sun	2 Dec	Sugarloaf, Dressage
Wed	5 Dec	White Ribbon Day Breakfast, Camden 6:45am
Wed	5 Dec	Club Christmas Party at Melaluca House, 6:30pm
Fri	14 Dec	Bunnings BBQ
Tue	25 Dec	Merry Christmas
Wed	26 Dec	No Meeting
Fri Sat Sun	15-17 Mar	District Conference

## ANNIVERSARIES

If you were with us 22 years ago then you will remember that on the 18<sup>th</sup> of Sept we gained two new members on the same day. Barbara and Cathie. They are still with us too. It was Cathie's birthday the day before. Happy birthday for this year too Cathie.

One other day to celebrate. Friday is Peter Wilson's birthday. Happy birthday Peter. Di Wilson's birthday is just two weeks later which makes Peter two weeks older than her?

## RECYCLING

### News from the Frontline.

President Bec walks the talk at Bunnings last Friday!

**THE CHALLENGE** - Reduce the amount of BBQ waste going to landfill.

**BEFORE:** One and half large black garbage bags going to landfill!

**AFTER:** Meat trays, sauce bottles, bread roll boxes, water bottles and cans to yellow street collection bins. Ice, onion bags and tablecloths to soft plastic recycling in supermarket.

**RESULT:** Waste to landfill reduced to ¼ bag. This was limited to Chux wipes, disposable gloves, paper towel and a small amount of cling film from tops of the meat trays!

**FURTHER ACTION:** Wash foil trays for reuse, purchase metal trays for long term sustainability and cost saving!

**CONGRATULATIONS** and a **GOLD Star** to President Bec.



## ROTARY BEE TEAM DOWNUNDER

### Message from Liz

Some interesting information about supporting Honey bees.

Beekeepers are supporting honey bees, but anyone can help.

More flowering plants.

Rest stations – saucer of water with sugar and marbles so the bees can drink from the surface of the marble without drowning.

*By providing food and water in your garden, you can encourage native bees to visit. By making them a hotel, you can encourage them to stay.*



There are more than 1500 species of native bees in Australia and they play an important environmental role pollinating plants. To encourage native bees into the garden, build a bee hotel! Different species of bee have different housing requirements.

FOR MORE INFO ON  
BUILDING A BEE HOTEL

<http://www.abc.net.au/gardening/factsheets/bee-hotel/9440586>



# WOMEN IN ROTARY

A message just received from District says;

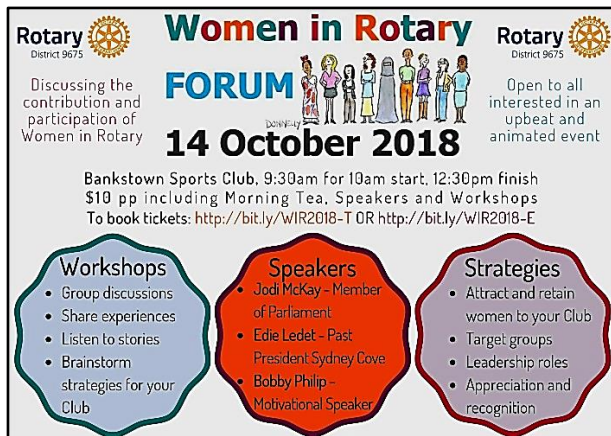
In our Rotary District 9675, only 27.8% of our membership is female? This presents a great opportunity for all of us!

On Sunday 14 October, a special WOMEN in ROTARY Forum is being organised in Bankstown to help Clubs to discuss and exchange views on how to increase the number of women in Rotary.

Increased diversity yields better outcomes, and clubs that reflect the communities they serve may be able to better engage those communities and meet their needs.

Cost is only \$10, including morning tea. Don't delay, BOOK ONLINE today.

For Macarthur Sunrise this is not the case. We have 35.3% of our membership as MALES! That means 64.7% are Female which is close to 2 ½ times higher than the District average. How do we do it? Perhaps District would like to know.



The poster for the Women in Rotary Forum on 14 October 2018 features the Rotary District 9675 logo and a central illustration of diverse women. It lists the event details: Bankstown Sports Club, 9:30am start, 12:30pm finish, \$10 pp including Morning Tea, Speakers and Workshops. Ticket links are provided: <http://bit.ly/WIR2018-T> and <http://bit.ly/WIR2018-E>. Three key sections are highlighted: Workshops (Group discussions, Share experiences, Listen to stories, Brainstorm strategies for your Club), Speakers (Jodi McKay - Member of Parliament, Edie Ledet - Past President Sydney Cove, Bobby Philip - Motivational Speaker), and Strategies (Attract and retain women to your Club, Target groups, Leadership roles, Appreciation and recognition).

When we began in 1995 we had 30 members and of these 50% were female and the rest were male. We have managed to keep to the half and half ever since and it has usually been in the order of +/- 10% either way. Our current 65% female membership is unusual and the highest we have had.

It works for us, so we can understand why the District is pushing for better division. For us we just need more Members since we have dropped down to just 19 (including 2 honorary). Can you think of anyone to invite along and to convince that Rotary is a great thing?

# VOLUNTEER DECLARATION

A message from District regarding working with children tells us:

The Volunteer Declaration (Form 3) is a Rotary International **Mandatory** requirement under the Rotary Code of Policies (RCOP) for all Volunteers (as defined). It is also a requirement of our Insurers. The form provides Rotary Insurance Cover in the event of a claim (real or malicious) against you.

## Volunteer- Definition:

An adult involved in Rotary Youth Programs who has direct interaction either supervised or unsupervised with young people in a Rotary Youth Program. E.g. driving them to a youth camp or any other function or event, or hosting them in your home etc. One-on-one contact does not mean that you can't speak to young people individually when in a general gathering, e.g. at a BBQ or other event, under these circumstances you would be deemed a Responsible Adult (As defined).

## Responsible Adult - Definition:

A responsible adult is any adult who, in a family or group situation for a short period of time, is responsible for caring for a youth/students.

It is **not** a mandatory requirement for every club member to be screened. The only people in your Club who need to complete the Form are those who deal directly with young people on a one to one basis or could be alone with a young person for a period of time.

If you choose not to complete the form, you must ensure that you are in a group situation when you are participating in a program or activity involving young people.

## Youth/Student- Definition:

Any individual who is participating in a Rotary Youth Program regardless of whether or not he or she is of the legal age of majority, and might also be referred to as young people, children, child, youth, student, or young person.

Any queries speak to PP Denise or Denys, the Secretary and Club Child Protection Officer.

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## EBOLA OUTBREAK

As Rotarians we have been active in the elimination and control of Polio and Malaria and now we are told that KINSHASA, UNICEF has mobilised its teams to help contain the spread of disease and to protect children following the announcement by the Government of the Democratic Republic of the Congo (DRC) of a new Ebola outbreak in North Kivu.

“The response to this latest EVD outbreak could be complicated by armed conflict and insecurity in the affected area,” said Dr Gianfranco Rotigliano, UNICEF Representative in the DRC.

This is the tenth epidemic in DRC since 1976 and comes just a few days after the declaration of the end of the Ebola epidemic in the western Province of Equateur that began in mid-May.

The Congolese Government has activated its response plan and called in its partners, including UNICEF, to participate in the response. A UNICEF team with the Deputy Representative of UNICEF DRC and the head of the field office for UNICEF in Goma, travelled on 2<sup>nd</sup> August and other partners to the epicentre of the epidemic to analyse the situation and organise the response.

“UNICEF's contribution to the response will focus on communication activities to inform and protect the local community; promoting access to safe water, adequate sanitation and proper hygiene practices to help prevent further spread of the disease; and providing psychosocial support to children and families affected by the disease,” said Dr Rotigliano.

UNICEF has deployed a team of five staff for the response, including two health specialists, two communication specialists and one water, sanitation and hygiene (*WASH*) specialist from the Ebola-response team in the Province of Equateur. Additional deployment from the head office of Kinshasa, and the field offices of Goma, Bunia and other locations are being finalised.

Health, water, sanitation and hygiene as well as communication supplies will be sent to the affected area in the coming days, including 300 laser thermometers to monitor the health conditions of people in the affected region and 2,000 kg of chlorine to treat water to help contain the spread of the disease.

Rotary, including us, has also been very much involved in the installation of water supplies and this has had an enormous effect on the control of disease as well as making life that much easier.



Jean Marie Bofio, UNICEF's WASH Officer, demonstrates to children how to correctly wash their hands in order to prevent the spread of Ebola near Mangina, North Kivu, the Democratic Republic of the Congo (DRC).

## NIGHT MEETING Wed 26th Sept

This will be our first night meeting in Bec's year and she is very much looking forward to having Wollondilly North change their meeting to have a joint meeting together.

Liz and Sue will be giving us a presentation on their Nepal trip and Peter Cleaver will be updating us on some of Wollondilly's projects.

Please bring your partners and friends.

It's going to be informal and, no doubt, fun.

All welcome.

### Details

Venue: Upstairs at Fred's  
100 Argyle St  
Camden

Time- 6.30pm for 7pm start

Price: \$30 p/p RSVP: 21-09-2018