





The Bulletin of the Rotary Club of Macarthur Sunrise Inc.,

Macarthur Group, District 9675

Wednesday, 12th September 2018

Solis Ortus (Sunrise) - Campbelltown 5:59 am

A WORD FROM PRESIDENT BEC

Good morning Sunrisers!

A little bit of rain across our Macarthur Region and while it may be greening up our gardens it's not filling dams and feeding crops. We are keeping our farmers and their families very much in our hearts and minds.

I attended the Mater Dei Ball on Saturday night. It was a great night and truly inspirational and uplifting. Thank you to Tony Wolf &Sons Printing for the very generous invitation.

This week is Club Forum and, as the year is galloping along, it would be great to get some plans in concrete. This takes all of us together putting in the effort and, let's face it, we have fun together no matter what we take on.

The Western Sydney Rotaract Club have a meeting tonight (Wed 12th). I wish them all the best and I know that Georgia and her team have lots on the agenda,

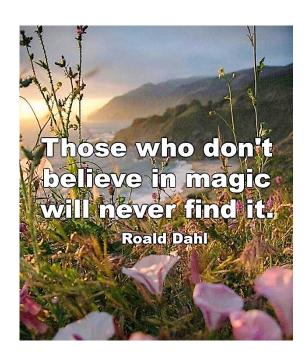
I look forward to helping out and attending their projects. Their youthful enthusiasm is contagious.

Have a great week my sunny people. Be kind to yourselves and take time to fill your tanks both emotionally and Physically.

BEC'S WEEKLY SHOUTOUT

This week's Shoutout goes to Miss Lizzy for hosting two beautiful women from Nepal. Denise last week was so thrilled that Liz offered. It shows that as a team we work together and while we might not be able to help ourselves, one of our fellow Sunrisers can. Thanks Liz that giant heart of yours is truly appreciated.

WEEKLY QUOTE Be the Inspiration



RETHINK THE STRAW

From Denise.

Good morning.

This week it's all about the humble ever so nasty straw single use straw.

A recent poll found that an average Australia Pub used an average of 90,000 straws per year. Across the 6,000 pubs in Australia, that's 540 million straws used by pubs alone.

Fast food outlets are an even greater source of unnecessary plastic waste. For example McDonalds Restaurants in Australia serve 1.7 million customers per day in its 900 stores. If only half those customers use a straw (850,000 per day) a frightening 310 million straws per year. JUST from McDonalds!

They end up in land fill, litter parks, road gutters, on beaches, in oceans, in the bellies of wildlife.

Reusable straws (stainless steel and bamboo, with a cleaning brush are available at:

www.floraandfauna.com.au



ROTARY HUMOUR

Some Rotary Club Newsletters still include humour. Since we have space left, try these from the Rotary Club of Encounter Bay, SA.

Two blondes walk into a buildingyou'd think at least one of them would have seen it.

What do you call a fish with no eyes? A fsh.

Man goes to the doctor, with a strawberry growing out of his head.

Doc says, 'I'll give you some cream to put on it.'

'You know, somebody actually complimented me on my driving today. They left a little note on the windscreen. It said, 'Parking Fine.' So that was nice.'

WHAT'S HAPPENING

Below are dates for Events that involve us. For details please check the **GREEN BOOK**

Date		Event
Fri	14 Sep	Bunnings BBQ
Sat	22 Sep	Discobility
Wed	26 Sep	Evening Meeting Social Night
Wed	3 Oct	Board meeting
Sat	6 Oct	Sugarloaf, Dressage
Sun	7 Oct	Sugarloaf, Dressage
Sat	13 Oct	Dinner Under the Stars
Fri	19 Oct	Bunnings BBQ
Wed	31 Oct	5 th Wednesday Evening Meeting
Sat	3 Nov	Fisher's Ghost Festival
Wed	7 Nov	Board Meeting
Sat	10 Nov	Discobility 10 th Anniversary
Fri	16 Nov	Bunnings BBQ
Wed	21 Nov	Our AGM
Sat	1 Dec	Sugarloaf, Dressage Carols by Candlelight
Sun	2 Dec	Sugarloaf, Dressage
Wed	5 Dec	White Ribbon Day Breakfast, Camden 6:45am
Wed	5 Dec	Club Christmas Party Melaluca House, 6:30pm
Fri	14 Dec	Bunnings BBQ
Tue	25 Dec	Merry Christmas
Wed	26 Dec	No Meeting
Fri Sat Sun	15-17 Mar	District Conference

ANNIVERSARIES

We do have a couple of dates to recognise this week.

First, President Bec, who resigned for a little while, came back on the 9th Sep 15. On that same day our MP, Greg Warren, joined us.

Then last Monday was Wendy's birthday.
All the best from all of us.